



**Fremont County School District #21
Fort Washakie, Wyoming**

**Fort Washakie High School
Activity Code
2024-2025**

Philosophy

Athletics have a significant influence on the Fort Washakie Community and enjoy a unique status in our value system. Participation on an interscholastic athletic team is a worthwhile experience, which all students have the opportunity to pursue.

Fort Washakie High School will afford each student-athlete the real opportunity to achieve their potential by giving them access to the goods, services, social, and cultural capital of our society while also affirming each individual's culture and talents and the groups with whom they identify.

Fremont County School District # 21 does not discriminate on the basis of race, color, national origin, sex, age, or disability in admission or access to, or treatment or employment in, its educational programs or activities. Inquiries concerning Title IX and Section 504 may be referred to Fremont County School District # 21, Deb Smith, Civil Rights Coordinator, 90 Ethete Road, Fort Washakie, Wyoming, 82514 or (307) 332-5983 or the Office for Civil Rights, Region VIII, U.S. Department of Education, Federal Building, Suite 310, 1244 Speer Blvd., Denver, Colorado 80204-582, or (303) 844.5695.

FWHS Athletic Program Objectives

1. All athletes and coaches treat opponents with respect.
2. Play hard and within the rules.
3. Exercise self control at all times, setting a positive example.
4. Respect officials and accept their decisions without gesture or argument.
5. Win without boasting, lose without excuses, and never quit.
6. Remember that it is a privilege to represent your school during activities and in the community.

Wyoming High School Activities Association Rules

To be eligible for interscholastic activities, a high school student must meet the following state regulations:

1. Student in good standing
2. Grades and credits
3. Transfer or change of schools
4. Number of semesters of competition
5. Age limit
6. Physical examination and immunization
7. Amateur standing
8. Number of practice days
9. Awards
10. Assumed name
11. Undue Influence
12. Independent teams
13. Specialized sports camps

**Enclosed is the WHSAA pamphlet reviews each rule in detail*

Requirements for participation

Eligibility is contingent on many aspects including age, grades, health, and a number of practices. Our Activities Director, Gale Rowan, may be contacted at GRowan@fortwashakieschool.com for further questions regarding the athletic policy.

Fort Washakie High School student-athletes and activity participants will recognize they are accepting additional responsibilities, in addition to their academic requirements, in order to participate and compete. By accepting this, they agree to meet all academic and behavioral expectations, and to represent themselves, their peers, and the school to the highest standard.

Physical

All students need a physical before beginning practice. A physical lasts one year and must be dated after May 1, 2024.

Age

A student-athlete must be under the age of 20 years of age during the scheduled season to participate on the team. For instance, a student is 19 years old when basketball season starts and turns 20 a month into the season, their season will end on the day of their 20th birthday.

Medical Release Form

Each student's parent/guardian will complete a Medical Release Form giving permission for emergency medical treatment by a physician or hospital when the parent/guardian is not available. The Medical Release Form will be kept on file by the coach for availability at all practices and contests. Students requiring medical attention must obtain a written release from the attending physician or dentist before returning to practice and/or contests.

Academic Eligibility

Students must not have more than one (1) F in core classes (English, math, science or social studies or electives), and have passed in five (5) solid courses subjects during the immediate preceding semester. Soft courses such as Advisory, study hall, and teacher aide do not count towards the credit minimum. Eligibility for each sport will be determined using the current semester grade on a weekly basis. Eligibility will run Monday – Sunday and will be checked and determined at 8:00 AM on the first school day of each week. The student is responsible for ensuring they know their current standing in each class every week, and for submitting completed work to their teacher with enough time to update and submit grades before the eligibility check is done. The process of verifying grade accuracy will rest with the teacher. If the student has more than one F, they are ineligible for all competition for the week. The student has until 5:15 PM on the following Wednesday to satisfy the requirements to become eligible. A list of ineligible athletes will be generated and sent to the Principal, Counselor, Activities Director, Teachers, and Coaches. The parent and/or guardian of every failing athlete will be notified by letter or phone call from the teacher, home school coordinator or activities director. A student may only have exemption from this criteria if there was approval by school administration by the end of the previous week.

Student-athletes who are not academically eligible be expected to follow an academic plan established by the coaches and teachers which will include spending at least half of each practice in study hall working on gaining eligibility and will agree to stay at school to work in study hall when the team travels for competition until the student-athlete is eligible.

Risk of Participation

All students and parents must realize that there is a risk of serious injury which may be a result of athletic participation. The FCSD #21 coaching staff will make every effort to eliminate injury.

Athletic Code of Conduct

Conduct of Student-Athletes

A firm fair policy of enforcement is necessary to uphold regulations and standards of the athletic department. FWHS feels that high standards of conduct and citizenship are essential in maintaining a sound athletic program. Due to misconduct, disciplinary action may include probation, suspension

From the contest(s), dismissal from the team, notification of the law, and/or any other action reasonably fitting the seriousness of the violation.

Individual Coaches Rules

Coaches may establish additional rules and regulations for their respective sport. These rules, as pertaining to a particular sport, must be given by the coach in writing to all team members and explained fully at the start of the season.

Practice/ School Attendance

By participating in an athletic program, the athlete has committed him/herself to all scheduled practices and competitions. The following are the policies regarding an athlete's attendance at practice.

1. Athletes are expected to attend all scheduled practices and athletic contests unless the coach gives *prior* excused clearance. Excuses from practices or contests should directly relate to the athlete.
2. Athletes are to schedule doctor, dentist, tutor or any other appointments away from class time, scheduled practices, and athletic contests whenever possible.
3. Athletes are to be entering into their classes on time and daily and meeting academic expectations to be eligible for practice or athletic contests. Exceptions to this rule are made only with permission of the Activities Director.
4. Athletes that have not made contact with their instructors for 2 days will not be allowed to practice or compete in a competition.
5. Work hours must be scheduled around athletic practices and contests. Missed practices and competitions due to job commitments are inexcusable.

Game Day Expectations

Attendance in school is necessary for all students to be successful. Student-athletes traveling or participating in an extra-curricular event need to be in school on time and for the entire school day. on game day. For games or events scheduled on Saturdays, students are expected to be in school all day the preceding Friday. Student-athletes are also expected to be at school on time the day following a game or event. In cases where an accommodation must be made, the athlete needs to notify coaches and administrators *prior to* the absence or late arrival. If a student misses more than 20% of class time leading up to the departure time or event start due to appointments or other events, that student athlete will not be able to compete in or attend the event. Student-athletes who do not adhere to these expectations will not be allowed to travel or participate in the game or event.

Appearance and Attitude of Student-Athletes

Student-athletes who represent FWHS are expected to dress in a neat, respectable manner on days of competition. Student-athlete actions and conduct are a direct reflection upon the overall quality of the athletic program and school. Coaches will work with the team to establish clear and consistent expectations for the team when sport-specific expectations exist.

Sweatshirts or hoodies are not to be worn on game days.

Failure to follow the appearance guidelines will result in the student not attending the contest.

Suspension

Students assigned in-school or out-of-school suspension are not eligible to attend or participate in practice, competition or any other interscholastic activity during the period of suspension.

Lettering Policy

To obtain a varsity athletic letter in the current season, the FWHS student-athlete will need to finish the entire season with no athletic code violations that resulted in suspensions and start in 90% of the season events or be a senior who completes the entire season. (Possible exceptions to the above policy include: injury, disability, or foreign exchange.)

INFRACTIONS

A student of FWHS, Fremont County School District #21, is defined as any student enrolled in grades 9-12 who participates in any sanctioned Wyoming High School Activities Association activity. The student will be subject to disciplinary action if he/she commits any of the following violations at any time during a calendar year.

1. Use or possession of alcohol, tobacco or tobacco-like substances, i.e., snuff, herbal chew, etc.; marijuana or any other illegal, controlled substance, as defined by Wyoming State Law, while on or off school grounds. If a student is suspected of being under the influence of alcohol or any of the above drugs (tobacco or tobacco-like substances, i.e., snuff, herbal chew, vape products, etc.; marijuana or any other illegal, controlled substance) the district reserves the right to conduct a drug test.
2. Theft or vandalism of property.
3. Acts of inappropriate conduct during the season in which the student is involved (i.e., fighting, verbal abuse of officials, contestants, coaches, or spectators).
4. A student will not wear apparel that pertains to alcohol, tobacco, drugs, or conveys inappropriate, vulgar or profane messages while on school grounds or involved in any school sponsored activity.
5. Violations may also result from behaviors, which are detrimental to the individual student or to the school.

Any violations of the Activity Code while the student is enrolled in FWHS in grades 9-12 will result in the following action(s):

First Offense

1. Suspension from all student contests for 14 consecutive calendar days while school is in session. If the student is not currently participating in an activity, the penalty will begin at the opening contest of his/her next season. Reinstatement will be after the suspension and a parental conference with the administrator in charge of activities and the activities director. Students must participate in all practices during this suspension. The student will continue to remain under the Activity Code while on suspension.
2. If drugs or alcohol are involved law enforcement will be notified immediately. The student and parents must meet with the administrator in charge of activities and the activities director, and the student assistance counselor. The student may not practice until his or her coach/sponsor has received notification from the administrator in charge of activities and/or the activities director that preliminary contact has occurred.

Second Offense

1. Suspension from all practices and contests for one (1) calendar year. If drugs or alcohol are involved, the student must attend a program certified by the administrator. The student will continue to remain under the Activity Code while on suspension. The student will not receive or be nominated for any post-season awards, recognitions or contests.

Third Offense

1. Suspension from all practices and contests for the remainder of the student's 9-12 grade career. The student will not receive or be nominated for any post-season awards, recognition or contests.

Due Process

Any appeals to this Code may be presented in writing to the building principal. These consequences apply to all students whether or not they are actively engaged in their activity/sport(s) at the time of violation and may not carry into the following school year.

I understand and agree to abide by all the provisions of the FWHS Activity Code.

Student Signature

Date

Parent/Guardian Signature

Date

S P O R T S M A N S H I P

ADMINISTRATORS

You are the standard by which sportsmanship excellence is measured. Consistency is key!

COACHES

You are the brightest beacon for good or bad sportsmanship. Be a good role model!

OFFICIALS

With your enforcement of the rules in a fair and consistent manner, the contest maintains its integrity.

Join the RIDE!

To be RIDErs you must show:

Respect to participants, officials, guests, your school, their school, and yourself,

Integrity by treating others as you wish to be treated,

Dedication through understanding that the **RIDE** takes time; it's worth it in the end, not just for you but for all, and

Encouragement by promoting good sportsmanship just as much as you discourage bad sportsmanship.

This is how we RIDE!

PARTICIPANTS

You are the reason everyone is there. Compete with class!

SPECTATORS

Use your voice to represent yourself, your team, your school and your community in a positive way!

